

RecipeName	Calories	Calories fromFat	TotalFat	SaturatedFat	TransFat	Cholesterol	Sodium	Carbohydrates	DietaryFiber	Sugars	Protein	VitaminA	VitaminC	Calcium	Iron
All Meat - Medium	300	110	12g	6g	0g	35mg	7620mg	39g	2g	30g	11g	0%	8%	15%	8%
All Meat Salad	240	120	13g	5g	0g	30mg	510mg	21g	6g	5g	11g	450%	25%	25%	15%
All Meat- Family	360	130	14g	7g	0g	45mg	9350mg	47g	2g	37g	13g	0%	10%	15%	10%
All Meat- Large	280	100	12g	6g	0g	35mg	7050mg	36g	2g	28g	11g	0%	8%	15%	6%
All Meat- pesonal	160	50	6g	3g	0g	20mg	4410mg	22g	< 1g	17g	6g	0%	4%	6%	4%
All Meat- small	200	70	8g	4g	0g	25mg	5240mg	27g	1g	21g	8g	0%	6%	10%	4%
All Meat- X Large	270	100	11g	5g	0g	30mg	6740mg	34g	2g	27g	10g	0%	8%	10%	8%
All Star or Deluxe - Family	330	100	11g	5g	0g	30mg	9060mg	48g	2g	37g	10g	2%	20%	15%	8%
All Star or Deluxe - Large	250	80	9g	4.5g	0g	25mg	6810mg	36g	2g	28g	8g	0%	15%	15%	6%
All Star or Deluxe - Medium	280	90	10g	5g	0g	25mg	7410mg	39g	2g	30g	9g	0%	20%	15%	6%
All Star or Deluxe - Personal	150	50	5g	2.5g	0g	15mg	4310mg	23g	< 1g	18g	5g	0%	10%	8%	4%
All Star or Deluxe - Small	190	60	7g	3.5g	0g	20mg	5100mg	27g	1g	21g	6g	0%	10%	10%	4%
All Star or Deluxe -X Large	250	80	9g	4g	0g	25mg	6560mg	35g	2g	27g	8g	2%	15%	10%	6%
Aloo Chaat Pizza- Family	240	25	3g	2g	0g	10mg	8820mg	51g	3g	37g	5g	10%	20%	10%	8%
Aloo Chaat Pizza- Medium	210	30	3.5g	2g	0g	10mg	7230mg	42g	2g	30g	5g	10%	15%	10%	6%
Aloo Chaat Pizza- Personal	120	20	2g	1g	0g	5mg	4170mg	24g	1g	18g	3g	6%	8%	6%	4%
Aloo Chaat Pizza- small	150	25	2.5g	1.5g	0g	5mg	4970mg	29g	2g	21g	4g	6%	10%	8%	4%
Aloo Chaat Pizza- X Large	180	20	2.5g	1.5g	0g	5mg	6360mg	37g	2g	27g	4g	8%	15%	10%	6%
Aloo Chaat Pizza- Large	190	25	3g	1.5g	0g	10mg	6650mg	39g	2g	28g	5g	10%	15%	10%	6%

Bacon Breadsticks	120	45	5g	2.5g	0g	10mg	3340mg	17g	0g	13g	3g	2%	2%	6%	2%
BBQ Chicken- Large	240	60	7g	3.5g	0g	20mg	6880mg	38g	1g	30g	9g	2%	8%	10%	4%
BBQ Chicken- Medium	260	70	7g	4g	0g	20mg	7490mg	41g	1g	32g	10g	2%	8%	15%	4%
BBQ Chicken- Personal	130	25	3g	1.5g	0g	10mg	4310mg	23g	< 1g	18g	5g	0%	4%	6%	2%
BBQ Chicken- Small	170	40	4.5g	2.5g	0g	10mg	5120mg	28g	< 1g	22g	6g	2%	6%	8%	2%
BBQ Chicken-Family	300	70	8g	4g	0g	20mg	9070mg	49g	2g	39g	10g	2%	10%	10%	4%
BBQ Chicken-X Large	230	50	6g	3.5g	0g	15mg	6580mg	36g	1g	28g	9g	2%	8%	10%	4%
Bombay BBQ Pizza- Family	250	25	3g	2g	0g	10mg	8890mg	50g	2g	39g	8g	4%	10%	8%	4%
Bombay BBQ Pizza- Large	230	50	5g	3g	0g	15mg	6880mg	38g	1g	30g	8g	2%	8%	8%	4%
Bombay BBQ Pizza- Medium	250	50	6g	3g	0g	15mg	7480mg	41g	1g	32g	9g	2%	10%	10%	4%
Bombay BBQ Pizza- Personal	140	25	3g	1.5g	0g	10mg	4310mg	23g	< 1g	18g	5g	2%	4%	6%	2%
Bombay BBQ Pizza- Small	170	30	3.5g	2g	0g	10mg	5140mg	28g	< 1g	22g	6g	2%	6%	6%	2%
Bombay BBQ Pizza-X Large	220	45	5g	2.5g	0g	15mg	6570mg	36g	1g	28g	8g	2%	8%	8%	4%
Butter Chicken Penne Pasta	1240	770	89g	13g	0g	50mg	2200mg	71g	4g	11g	35g	0%	10%	4%	15%
Butter Chicken Pizza - Family	290	80	9g	2.5g	0g	10mg	8820mg	47g	2g	37g	7g	4%	10%	10%	4%
Butter Chicken Pizza - Medium	270	90	10g	3g	0g	15mg	7300mg	39g	1g	30g	8g	2%	10%	10%	4%
Butter Chicken Pizza - Personal	140	40	5g	1.5g	0g	10mg	4230mg	22g	< 1g	17g	4g	2%	6%	6%	2%

Butter Chicken Pizza - Small	180	60	6g	2g	0g	10mg	5010mg	26g	< 1g	21g	5g	2%	6%	6%	2%
Butter Chicken Pizza - X Large	220	70	8g	2.5g	0g	10mg	6360mg	34g	1g	26g	6g	2%	8%	8%	4%
Butter Chicken Pizza - Large	240	80	9g	3g	0g	15mg	6680mg	35g	1g	28g	7g	2%	8%	8%	4%
Caesar Salad	170	80	9g	4.5g	**	25mg	240mg	15g	5g	2g	9g	350%	15%	25%	15%
Calzone Veggie	150	35	3.5g	2g	0g	10mg	5010mg	27g	1g	21g	4g	2%	15%	8%	4%
Cheese Breadsticks	130	45	5g	3g	0g	10mg	3300mg	17g	0g	13g	4g	2%	2%	10%	2%
Cheese Burger pizza - Family	290	70	8g	4.5g	0g	20mg	9090mg	47g	2g	36g	9g	0%	10%	15%	6%
Cheese Burger pizza - Large	230	60	7g	4g	0g	20mg	6850mg	36g	1g	27g	8g	0%	8%	10%	6%
Cheese Burger pizza - Medium	250	70	8g	4.5g	0g	20mg	7420mg	38g	1g	30g	8g	0%	8%	15%	6%
Cheese Burger pizza - Personal	130	30	3.5g	2g	0g	10mg	4310mg	22g	< 1g	17g	4g	0%	4%	6%	2%
Cheese Burger pizza - Small	160	45	5g	2.5g	0g	10mg	5090mg	26g	1g	20g	5g	0%	6%	8%	4%
Cheese Burger pizza - X Large	220	60	7g	3.5g	0g	15mg	6580mg	34g	1g	26g	7g	0%	8%	10%	6%
Cheese Pizza- Family	290	70	8g	5g	0g	25mg	8880mg	47g	2g	36g	9g	0%	10%	20%	6%
Cheese Pizza- Medium	250	70	8g	5g	0g	25mg	7280mg	38g	1g	30g	9g	0%	8%	20%	4%
Cheese Pizza- Personal	130	30	3g	2g	0g	10mg	4210mg	22g	< 1g	17g	4g	0%	4%	8%	2%
Cheese Pizza- Small	170	45	5g	3g	0g	15mg	4990mg	26g	< 1g	20g	5g	0%	6%	10%	4%
Cheese Pizza- X Large	220	60	7g	4g	0g	20mg	6410mg	34g	1g	26g	7g	0%	8%	15%	4%
Cheesse Pizza- Large	220	60	7g	4.5g	0g	20mg	6680mg	35g	1g	27g	7g	0%	8%	15%	4%

Chicago's Favorite- Personal	160	45	5g	2g	0g	15mg	4350mg	23g	1g	18g	6g	2%	10%	6%	4%
Chicago's Favorite- Small	210	70	8g	3.5g	0g	20mg	5210mg	27g	1g	21g	9g	2%	15%	10%	4%
Chicago's Favorite- Family	340	100	11g	5g	0g	30mg	9170mg	49g	2g	37g	13g	2%	20%	15%	8%
Chicago's Favorite- Large	280	90	10g	4.5g	0g	25mg	6940mg	37g	2g	28g	11g	2%	20%	15%	6%
Chicago's Favorite- Medium	310	100	11g	5g	0g	30mg	7570mg	40g	2g	30g	13g	2%	20%	15%	6%
Chicago's Favorite-X Large	270	90	10g	4g	0g	25mg	6660mg	35g	2g	27g	11g	2%	15%	15%	6%
Chicken Bacon Ranch- Large	290	110	13g	4.5g	0g	20mg	6840mg	34g	< 1g	27g	9g	0%	6%	10%	2%
Chicken Bacon Ranch- Medium	320	130	15g	5g	0g	25mg	7480mg	37g	1g	29g	11g	0%	6%	15%	2%
Chicken Bacon Ranch- Personal	150	50	6g	2g	0g	10mg	4310mg	21g	< 1g	17g	5g	0%	4%	6%	2%
Chicken Bacon Ranch- Small	210	80	9g	3g	0g	15mg	5120mg	26g	< 1g	20g	7g	0%	4%	8%	2%
Chicken Bacon Ranch- Family	340	120	14g	5g	0g	20mg	9030mg	45g	1g	36g	10g	0%	8%	10%	4%
Chicken Bacon Ranch- X Large	260	100	11g	4g	0g	20mg	6520mg	32g	< 1g	26g	8g	0%	6%	10%	2%
Chicken Delight Pizza- Personal	140	40	4.5g	1.5g	0g	10mg	4250mg	22g	< 1g	17g	4g	0%	4%	6%	2%
Chicken Delight- Family	300	90	10g	3.5g	0g	15mg	8880mg	46g	2g	36g	9g	0%	8%	10%	4%
Chicken Delight- Large	250	90	10g	3.5g	0g	15mg	6720mg	34g	1g	27g	8g	0%	6%	10%	4%
Chicken Delight- Medium	280	100	11g	4g	0g	20mg	7370mg	38g	1g	30g	10g	0%	6%	15%	4%
Chicken Delight- Small	190	60	7g	2.5g	0g	10mg	5060mg	26g	< 1g	20g	6g	0%	4%	8%	2%

Chicken Delight- X Large	230	70	8g	3g	0g	15mg	6410mg	33g	1g	26g	7g	0%	6%	10%	2%
Chicken Salad	320	90	11g	4.5g	0g	45mg	1000mg	24g	7g	7g	34g	450%	25%	25%	15%
Chicken Sandwich (BBQ)	580	150	17g	8g	0g	55mg	1930mg	68g	4g	13g	40g	15%	20%	35%	30%
Chicken Sandwich (Spicy)	570	160	18g	8g	0g	55mg	2200mg	64g	4g	9g	40g	20%	20%	35%	30%
Chicken Tikka Masala - Family	290	70	8g	2.5g	0g	15mg	8820mg	47g	2g	37g	8g	2%	20%	10%	4%
Chicken Tikka Masala - Large	240	70	8g	2.5g	0g	15mg	6680mg	35g	1g	28g	7g	2%	15%	8%	4%
Chicken Tikka Masala - Medium	270	80	10g	3g	0g	15mg	7300mg	39g	1g	30g	8g	2%	15%	10%	4%
Chicken Tikka Masala - Personal	140	40	4.5g	1.5g	0g	10mg	4230mg	22g	< 1g	17g	4g	0%	10%	6%	2%
Chicken Tikka Masala - X Large	220	60	7g	2g	0g	10mg	6360mg	34g	1g	26g	6g	2%	15%	8%	4%
Chicken Tikka Masala- Small	180	50	6g	2g	0g	10mg	5020mg	27g	1g	21g	5g	0%	10%	6%	2%
Combination Pizz - medium	310	110	12g	6g	0g	35mg	7620mg	40g	2g	30g	11g	0%	15%	15%	8%
Combination Pizza - Family	370	130	15g	7g	0g	40mg	9380mg	49g	2g	37g	13g	2%	20%	15%	10%
Combination Pizza - Large	300	110	12g	6g	0g	35mg	7080mg	37g	2g	28g	11g	0%	15%	15%	8%
Combination Pizza -X Large	280	100	11g	5g	0g	30mg	6770mg	36g	2g	27g	10g	0%	15%	15%	8%
Combination Pizza- personal	170	50	6g	3g	0g	15mg	4420mg	23g	1g	18g	6g	0%	10%	6%	4%
Combination Pizza- small	210	80	8g	4g	0g	25mg	5250mg	28g	1g	21g	8g	0%	10%	10%	6%
CPWAT Butter CHICKEN	100	40	5g	0.5g	0g	15mg	460mg	< 1g	0g	0g	12g	0%	0%	0%	0%

CPWAT CURRY CHICKEN	80	25	3g	0g	0g	15mg	470mg	< 1g	0g	0g	13g	0%	0%	0%	0%
CPWAT TANDOORI CHICKEN	70	10	1g	0g	0g	10mg	540mg	1g	0g	0g	13g	0%	0%	0%	0%
CPWAT TIKKA CHICKEN	80	25	3.5g	0g	0g	15mg	460mg	< 1g	0g	0g	13g	0%	0%	0%	0%
Curry Chicken Penne Pasta	1000	530	60g	9g	0g	40mg	1930mg	73g	6g	11g	38g	6%	120%	4%	15%
Curry Chicken Pizza-Family	300	90	10g	2.5g	0g	10mg	8880mg	47g	2g	36g	8g	2%	10%	8%	4%
Curry Chicken Pizza-Large	250	80	9g	3g	0g	15mg	6720mg	36g	1g	27g	7g	0%	8%	8%	4%
Curry Chicken Pizza-Medium	280	90	11g	3g	0g	15mg	7350mg	39g	1g	30g	8g	0%	8%	10%	4%
Curry Chicken Pizza-Personal	150	45	5g	1.5g	0g	10mg	4260mg	22g	< 1g	17g	4g	0%	4%	6%	2%
Curry Chicken Pizza-Small	180	60	7g	2g	0g	10mg	5060mg	27g	< 1g	21g	5g	0%	6%	6%	2%
Curry Chicken Pizza-XLarge	230	70	8g	2g	0g	10mg	6410mg	34g	1g	26g	6g	0%	6%	8%	4%
Curry Paneer Penne Pasta	1200	760	87g	28g	0g	115mg	1120mg	75g	6g	14g	36g	30%	120%	80%	15%
Curry Paneer Pizza-Family	310	100	12g	4g	0g	15mg	8770mg	47g	2g	37g	7g	4%	10%	15%	4%
Curry Paneer Pizza-Large	260	100	11g	4g	0g	15mg	6630mg	36g	1g	28g	6g	4%	8%	15%	4%
Curry Paneer Pizza-Medium	280	110	12g	4.5g	0g	20mg	7250mg	39g	1g	30g	7g	4%	10%	15%	4%
Curry Paneer Pizza-Personal	160	60	6g	2.5g	0g	10mg	4210mg	23g	< 1g	18g	4g	2%	6%	10%	2%
Curry Paneer Pizza-Small	190	70	8g	3g	0g	10mg	4980mg	27g	1g	21g	4g	2%	6%	10%	2%
Curry Paneer Pizza-XLarge	240	90	10g	3.5g	0g	15mg	6330mg	34g	1g	27g	5g	4%	8%	15%	4%

Curry Veggie Pizza-Family	280	80	9g	2.5g	0g	10mg	8760mg	47g	2g	37g	5g	2%	10%	8%	4%
Curry Veggie Pizza-Large	230	80	9g	2.5g	0g	10mg	6630mg	36g	1g	28g	4g	2%	8%	8%	4%
Curry Veggie Pizza-Medium	260	90	10g	3g	0g	10mg	7240mg	39g	1g	30g	5g	2%	10%	10%	4%
Curry Veggie Pizza-Personal	140	45	5g	1.5g	0g	5mg	4200mg	22g	< 1g	17g	3g	2%	6%	6%	2%
Curry Veggie Pizza-Small	170	60	6g	2g	0g	5mg	4970mg	27g	1g	21g	3g	2%	6%	6%	2%
Curry Veggie Pizza-XLarge	220	70	8g	2g	0g	10mg	6320mg	34g	1g	26g	4g	2%	8%	8%	4%
Desi Combination - Family	340	100	11g	5g	0g	30mg	9170mg	49g	2g	37g	13g	2%	20%	15%	8%
Desi Combination - Large	280	90	10g	4.5g	0g	25mg	6940mg	37g	2g	28g	11g	2%	15%	15%	6%
Desi Combination - Medium	310	100	11g	5g	0g	30mg	7570mg	40g	2g	30g	13g	2%	20%	15%	6%
Desi Combination - Personal	160	45	5g	2g	0g	15mg	4350mg	23g	1g	18g	6g	2%	10%	6%	4%
Desi Combination - Small	210	70	8g	3.5g	0g	20mg	5210mg	28g	1g	21g	9g	2%	15%	10%	4%
Desi Combination - X Large	270	90	10g	4g	0g	25mg	6660mg	36g	2g	27g	11g	2%	15%	10%	6%
dough	1800	5	1g	0g	**	0mg	87970mg	449g	13g	363g	19g	0%	70%	25%	35%
G-Force Calzone (All Meat)	200	70	8g	4g	0g	25mg	5240mg	27g	1g	21g	8g	0%	6%	10%	4%
Garden Salad	230	110	12g	4.5g	0g	25mg	410mg	22g	6g	6g	10g	450%	30%	25%	15%
Garlic Breadsticks	120	45	5g	3g	0g	10mg	3300mg	17g	0g	13g	4g	2%	2%	8%	2%
Garlic Chicken Pizza-Family	300	90	10g	3.5g	0g	15mg	8830mg	47g	2g	37g	9g	2%	15%	10%	4%
Garlic Chicken Pizza-Large	250	80	10g	3.5g	0g	15mg	6700mg	35g	1g	28g	8g	0%	10%	10%	4%

Garlic Chicken Pizza-Medium	280	100	11g	4g	0g	20mg	7330mg	39g	1g	30g	10g	0%	10%	15%	4%
Garlic Chicken Pizza-Personal	140	40	4.5g	1.5g	0g	5mg	4220mg	22g	< 1g	17g	4g	0%	6%	6%	2%
Garlic Chicken Pizza-Small	190	60	7g	2.5g	0g	10mg	5030mg	27g	< 1g	21g	6g	0%	8%	8%	2%
Garlic Chicken Pizza-X Large	230	70	8g	3g	0g	15mg	6380mg	34g	1g	26g	7g	0%	10%	10%	4%
Garlic Pesto Chicken Penne Pasta	1190	740	84g	13g	0g	50mg	2470mg	67g	3g	5g	43g	110%	30%	25%	25%
Garlic Veggie Pizza-Family	300	90	10g	3.5g	0g	15mg	8770mg	47g	2g	36g	6g	2%	20%	10%	4%
Garlic Veggie Pizza-Large	250	90	10g	3.5g	0g	15mg	6640mg	35g	1g	27g	6g	2%	15%	10%	4%
Garlic Veggie Pizza-Medium	280	100	12g	4g	0g	15mg	7250mg	39g	1g	30g	6g	2%	20%	15%	4%
Garlic Veggie Pizza-Personal	140	45	5g	1.5g	0g	5mg	4190mg	22g	< 1g	17g	3g	2%	10%	6%	2%
Garlic Veggie Pizza-Small	180	70	7g	2.5g	0g	10mg	4980mg	27g	< 1g	21g	4g	2%	15%	8%	2%
Garlic Veggie Pizza- X Large	230	80	9g	3g	0g	10mg	6320mg	34g	1g	26g	5g	2%	15%	10%	4%
Ham Sandwich	540	180	20g	10g	0g	85mg	1840mg	60g	4g	10g	31g	20%	20%	35%	30%
Hawaiian- Large	210	45	5g	3g	0g	20mg	6730mg	36g	1g	28g	7g	0%	10%	10%	6%
Hawaiian- Medium	230	50	6g	3.5g	0g	20mg	7330mg	39g	1g	31g	7g	0%	10%	15%	6%
Hawaiian-Family	260	45	5g	3g	0g	20mg	8930mg	48g	2g	38g	7g	0%	10%	10%	6%
Hawaiian-Personal	120	20	2.5g	1.5g	0g	10mg	4250mg	23g	< 1g	18g	3g	0%	6%	6%	2%
Hawaiian-Small	150	30	3.5g	2g	0g	15mg	5040mg	27g	< 1g	21g	5g	0%	6%	8%	4%
Hawaiian-X Large	190	35	4g	2.5g	0g	15mg	6450mg	35g	1g	27g	6g	0%	10%	10%	6%
Indian Garlic Chicken -Family	300	80	9g	2.5g	0g	15mg	8860mg	47g	2g	37g	8g	4%	20%	10%	4%
Indian Garlic Chicken -Large	250	80	9g	2.5g	0g	15mg	6700mg	36g	1g	28g	7g	2%	15%	8%	4%

Indian Garlic Chicken - Medium	280	90	10g	3g	0g	15mg	7340mg	39g	2g	30g	8g	2%	20%	10%	4%
Indian Garlic Chicken - X Large	230	70	8g	2g	0g	10mg	6390mg	34g	1g	26g	6g	2%	15%	8%	4%
Indian Garlic Chicken - Personal	150	45	5g	1.5g	0g	10mg	4250mg	23g	< 1g	18g	4g	2%	10%	6%	2%
Indian Garlic Chicken - Small	180	60	7g	2g	0g	10mg	5040mg	27g	1g	21g	6g	2%	15%	6%	2%
Indian Style Breadsticks	110	35	4g	1g	0g	< 5mg	3290mg	17g	< 1g	14g	2g	0%	4%	4%	2%
Indian Veggie Pizza with red sauce- Large	190	30	3.5g	1.5g	0g	10mg	6650mg	37g	2g	28g	4g	2%	10%	8%	4%
Indian Veggie Pizza with red sauce- Medium	210	35	4g	2g	0g	10mg	7240mg	40g	2g	30g	5g	4%	20%	10%	6%
Indian Veggie Pizza with red sauce- Personal	120	20	2.5g	1g	0g	5mg	4200mg	23g	< 1g	18g	3g	2%	10%	6%	2%
Indian Veggie Pizza with red sauce- Small	150	30	3g	1.5g	0g	5mg	4980mg	28g	1g	21g	4g	2%	15%	8%	4%
Indian Veggie Pizza with red sauce- Family	240	35	4g	2g	0g	10mg	8830mg	49g	2g	37g	5g	4%	25%	10%	6%
Indian Veggie Pizza with red sauce-X Large	180	30	3g	1.5g	0g	5mg	6370mg	36g	2g	27g	4g	4%	20%	8%	6%
Italian Garlic Pizza- Personal	170	70	8g	2.5g	0g	15mg	4290mg	22g	< 1g	18g	4g	2%	8%	6%	2%
Italian Garlic Pizza- Small	220	100	11g	4g	0g	20mg	5090mg	27g	1g	21g	6g	2%	8%	10%	4%
Italian Garlic Pizza- Family	370	150	16g	6g	0g	30mg	8980mg	47g	2g	37g	10g	2%	15%	15%	6%

Italian Garlic Pizza- Large	310	130	15g	6g	0g	25mg	6810mg	36g	2g	28g	9g	2%	10%	15%	4%
Italian Garlic Pizza- Medium	330	140	16g	6g	0g	30mg	7390mg	39g	2g	30g	9g	2%	15%	15%	6%
Italian Garlic Pizza-X Large	290	120	14g	5g	0g	25mg	6500mg	34g	2g	27g	8g	2%	10%	10%	4%
Jala-Pine Breadsticks	110	30	3.5g	2g	0g	5mg	3310mg	17g	< 1g	14g	2g	2%	4%	6%	2%
Latino Style - Large	270	90	10g	5g	0g	30mg	6970mg	37g	2g	29g	9g	0%	10%	15%	6%
Latino Style - Medium	290	100	11g	5g	0g	30mg	7570mg	41g	2g	31g	10g	0%	10%	15%	6%
Latino Style - Personal	160	50	5g	2.5g	0g	15mg	4380mg	23g	< 1g	18g	5g	0%	6%	6%	4%
Latino Style - Small	200	70	7g	3.5g	0g	20mg	5220mg	28g	1g	22g	7g	0%	8%	10%	4%
Latino Style -Family	340	100	11g	5g	0g	35mg	9220mg	50g	2g	39g	11g	0%	15%	15%	10%
Latino Style -X Large	260	90	10g	4.5g	0g	30mg	6700mg	36g	2g	28g	9g	0%	10%	15%	8%
Lime Veggie Pizza - Family	250	35	4g	2g	0g	10mg	8830mg	50g	3g	37g	5g	6%	30%	10%	8%
Lime Veggie Pizza - Large	190	30	3.5g	1.5g	0g	10mg	6650mg	38g	2g	28g	5g	4%	25%	8%	6%
Lime Veggie Pizza - Medium	210	40	4g	2g	0g	10mg	7240mg	41g	2g	31g	5g	4%	25%	10%	6%
Lime Veggie Pizza - Personal	120	20	2.5g	1g	0g	5mg	4200mg	24g	1g	18g	3g	2%	15%	6%	4%
Lime Veggie Pizza - Small	150	30	3g	1.5g	0g	5mg	4980mg	28g	1g	21g	4g	4%	20%	8%	4%
Lime Veggie Pizza - X Large	180	30	3g	1.5g	0g	5mg	6370mg	36g	2g	27g	4g	4%	25%	8%	6%
Meatball Penne Pasta	980	1500	45g	21g	0g	125mg	2310mg	82g	9g	12g	49g	25%	15%	15%	45%
Meatball Sandwich	640	600	28g	15g	0g	80mg	1600mg	60g	4g	6g	33g	10%	10%	35%	35%

Palak Paneer Pizza-Family	290	90	10g	4.5g	0g	15mg	8750mg	47g	2g	36g	7g	20%	15%	20%	6%
Palak Paneer Pizza-Large	240	90	9g	4g	0g	15mg	6620mg	36g	1g	27g	6g	20%	10%	15%	4%
Palak Paneer Pizza-Medium	270	100	11g	4.5g	0g	20mg	7230mg	39g	2g	30g	7g	20%	10%	20%	6%
Palak Paneer Pizza-Personal	130	35	4g	1.5g	0g	5mg	4170mg	22g	< 1g	17g	3g	10%	6%	8%	2%
Palak Paneer Pizza-Small	180	60	7g	3g	0g	10mg	4960mg	27g	1g	20g	5g	15%	8%	15%	4%
Palak Paneer Pizza-XLarge	230	80	8g	3.5g	0g	15mg	6310mg	34g	1g	26g	6g	20%	10%	15%	4%
Paneer Tikka Masala -Family	300	90	10g	4g	0g	15mg	8720mg	47g	2g	37g	7g	6%	20%	15%	4%
Paneer Tikka Masala -Large	250	90	10g	4g	0g	15mg	6590mg	36g	1g	28g	6g	4%	15%	15%	4%
Paneer Tikka Masala -Medium	270	100	11g	4.5g	0g	20mg	7200mg	39g	2g	31g	7g	4%	20%	15%	4%
Paneer Tikka Masala -Personal	150	50	6g	2.5g	0g	10mg	4180mg	23g	< 1g	18g	4g	2%	10%	10%	2%
Paneer Tikka Masala -Small	180	60	7g	3g	0g	10mg	4940mg	27g	1g	21g	4g	4%	15%	10%	2%
Paneer Tikka Masala -X Large	230	80	9g	3.5g	0g	15mg	6280mg	34g	1g	27g	5g	4%	15%	15%	4%
Paneer Veggie Pizza-Family	270	60	6g	3.5g	0g	15mg	8840mg	49g	2g	37g	7g	6%	25%	15%	6%
Paneer Veggie Pizza-Large	230	60	7g	4g	0g	20mg	6660mg	37g	2g	28g	7g	6%	20%	15%	6%
Paneer Veggie Pizza-Medium	240	60	7g	3.5g	0g	15mg	7250mg	40g	2g	31g	7g	4%	20%	15%	6%
Paneer Veggie Pizza-Personal	140	35	4g	2g	0g	10mg	4210mg	23g	< 1g	18g	4g	2%	10%	10%	2%
Paneer Veggie Pizza-Small	160	40	4.5g	2.5g	0g	10mg	4980mg	28g	1g	21g	5g	4%	15%	10%	4%

Paneer Veggie Pizza- XLarge	210	50	5g	3g	0g	15mg	6380mg	36g	2g	27g	6g	4%	20%	15%	6%
Shahi Paneer Penne Pasta	1080	660	75g	23g	0g	90mg	920mg	73g	5g	14g	30g	25%	120%	70%	15%
Spicy Hawaiian- Large	210	45	5g	3g	0g	20mg	6790mg	37g	1g	29g	7g	0%	10%	10%	6%
Spicy Hawaiian- Medium	230	50	6g	3.5g	0g	20mg	7410mg	40g	2g	31g	8g	0%	10%	15%	6%
Spicy Hawaiian- Personal	120	20	2.5g	1.5g	0g	10mg	4280mg	23g	< 1g	18g	4g	0%	6%	6%	4%
Spicy Hawaiian- Small	160	30	3.5g	2g	0g	15mg	5090mg	27g	1g	21g	5g	0%	6%	8%	4%
Spicy Hawaiian- Family	260	45	5g	3g	0g	20mg	9000mg	49g	2g	38g	8g	0%	15%	15%	8%
Spicy Hawaiian-X Large	200	35	4g	2.5g	0g	15mg	6510mg	35g	1g	27g	6g	0%	10%	10%	6%
Tandoori Chicken Pizza- Family	280	70	8g	2.5g	0g	10mg	8850mg	47g	2g	36g	8g	2%	10%	8%	4%
Tandoori Chicken Pizza- Large	230	70	8g	2.5g	0g	10mg	6700mg	35g	1g	27g	7g	0%	8%	8%	4%
Tandoori Chicken Pizza- Medium	260	80	9g	3g	0g	15mg	7330mg	39g	1g	30g	8g	0%	8%	10%	4%
Tandoori Chicken Pizza- Personal	140	40	4.5g	1.5g	0g	5mg	4240mg	22g	< 1g	17g	4g	0%	4%	6%	2%
Tandoori Chicken Pizza- Small	170	50	6g	2g	0g	10mg	5030mg	26g	< 1g	21g	5g	0%	6%	6%	2%
Tandoori Chicken Pizza- XLarge	210	60	7g	2g	0g	10mg	6380mg	34g	1g	26g	6g	0%	6%	8%	4%
Tandoori Paneer- Family	300	90	10g	4g	0g	15mg	8730mg	47g	2g	37g	7g	4%	10%	15%	4%
Tandoori Paneer- Large	250	90	10g	4g	0g	15mg	6600mg	36g	1g	28g	6g	4%	8%	15%	4%
Tandoori Paneer- Medium	270	100	11g	4.5g	0g	20mg	7200mg	39g	1g	30g	7g	4%	10%	15%	4%

Tandoori Paneer-personal	150	50	6g	2.5g	0g	10mg	4190mg	22g	< 1g	18g	4g	2%	6%	10%	2%
Tandoori Paneer-small	180	60	7g	3g	0g	10mg	4950mg	27g	< 1g	21g	4g	2%	6%	10%	2%
Tandoori Paneer-XLarge	230	80	9g	3.5g	0g	15mg	6290mg	34g	1g	27g	5g	4%	8%	15%	4%
Tandoori Veggie Pizza-Family	270	70	8g	2.5g	0g	10mg	8720mg	47g	2g	37g	5g	2%	10%	8%	4%
Tandoori Veggie Pizza-Large	220	70	8g	2.5g	0g	10mg	6590mg	35g	1g	28g	4g	2%	8%	8%	4%
Tandoori Veggie Pizza-Medium	250	80	9g	3g	0g	10mg	7200mg	39g	1g	30g	5g	2%	10%	10%	4%
Tandoori Veggie Pizza-Personal	130	40	4.5g	1.5g	0g	5mg	4180mg	22g	< 1g	17g	3g	2%	6%	6%	2%
Tandoori Veggie Pizza-Small	160	50	6g	2g	0g	5mg	4940mg	27g	< 1g	21g	3g	2%	6%	6%	2%
Tandoori Veggie Pizza-XLarge	200	60	7g	2g	0g	10mg	6280mg	34g	1g	26g	4g	2%	8%	8%	4%
Three Idiots Pizza - Family	290	90	10g	3.5g	0g	15mg	8870mg	45g	1g	36g	8g	0%	8%	10%	4%
Three Idiots Pizza - Large	250	90	10g	3.5g	0g	15mg	6720mg	34g	< 1g	27g	8g	0%	6%	10%	2%
Three Idiots Pizza - Medium	280	100	11g	4g	0g	20mg	7370mg	38g	1g	30g	9g	0%	6%	15%	2%
Three Idiots Pizza - Personal	140	40	4.5g	1.5g	0g	10mg	4250mg	22g	< 1g	17g	4g	0%	4%	6%	2%
Three Idiots Pizza - Small	190	60	7g	2.5g	0g	10mg	5060mg	26g	< 1g	20g	6g	0%	4%	8%	2%
Three Idiots Pizza - X Large	230	70	8g	3g	0g	15mg	6400mg	33g	< 1g	26g	7g	0%	6%	10%	2%
Tikka Masala Veggie - Family	270	70	8g	2.5g	0g	10mg	8710mg	47g	2g	37g	5g	4%	20%	10%	4%
Tikka Masala Veggie - Large	220	70	8g	2.5g	0g	10mg	6590mg	36g	1g	28g	4g	2%	15%	8%	4%

Tikka Masala Veggie - Medium	250	80	9g	3g	0g	10mg	7190mg	39g	2g	30g	5g	2%	20%	10%	4%
Tikka Masala Veggie - Personal	130	40	4.5g	1.5g	0g	5mg	4180mg	22g	< 1g	17g	3g	2%	10%	6%	2%
Tikka Masala Veggie - Small	170	50	6g	2g	0g	5mg	4940mg	27g	1g	21g	3g	2%	15%	6%	2%
Tikka Masala Veggie - X Large	200	60	6g	2g	0g	10mg	6270mg	34g	1g	26g	4g	2%	15%	8%	4%
Vegetarian -Medium	230	50	5g	3g	0g	15mg	7310mg	40g	2g	30g	6g	2%	20%	15%	6%
Vegetarian- personal	120	20	2.5g	1g	0g	5mg	4220mg	23g	1g	18g	3g	0%	10%	6%	2%
Vegetarian-Family	260	50	5g	2.5g	0g	10mg	8890mg	49g	2g	37g	6g	2%	25%	15%	6%
Vegetarian-large	210	45	5g	3g	0g	10mg	6710mg	37g	2g	28g	6g	2%	20%	10%	6%
Vegetarian-Small	150	35	3.5g	2g	0g	10mg	5010mg	27g	1g	21g	4g	2%	15%	8%	4%
Vegetarian-X large	200	40	4.5g	2.5g	0g	10mg	6430mg	36g	2g	27g	5g	2%	20%	10%	6%
Veggie Sandwich	540	190	20g	8g	0g	40mg	1350mg	65g	5g	10g	24g	15%	60%	35%	30%